

# CAFE CLASSICS

## SATURDAY

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### **BREAKFAST** (8AM-9AM)

SCRAMBLED EGGS, BACON, TOAST  
CINNAMON OATMEAL

### **LUNCH** (12PM-1PM)

BAKED PORK CHOP w/ GRAVY  
STEAMED RICE  
CABBAGE

### **DINNER** (4PM- 5PM)

BAKED CHICKEN  
PARSLIED POTATOES  
STEAMED VEGETABLES

### **LUNCH/DINNER**

CLUB SANDWICH  
CHEF SALAD

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.