

Lady of the Sea General Hospital

SEPTEMBER 21st – 25th

Valley
an elior company

Café Classics

Monday

Shrimp Etouffee

Steamed Rice
Roasted Brussel Sprouts
Potato Soup

Tuesday

Beef Roast w/Gravy

Steamed Rice
Smothered Green Beans

Wednesday

Chicken Gumbo

Steamed Rice
Homemade Potato Salad
Dinner Roll

Thursday

Country Fried Steak w/Gravy

Mashed Potatoes
Seasoned Vegetables
Onion Soup

Friday

Taco Salad

Refried Beans
Seasoned Corn
Tortilla Soup

Grille Feature

Monday

Buffalo Chicken Strips

Tuesday

Mediterranean Grain Bowl

Wednesday

Chicken Quesadilla

Thursday

BBQ Brisket Burger

Friday

Club Sandwich

Daily

Breaded Chicken Strips

Hamburger

Cheeseburger

Bacon Cheeseburger

Grilled Cheese

BLT

Grilled Chicken Sandwich

French Fries

Sweet Potato Fries

Breakfast

Eggs

Bacon and Sausage

Biscuits and Pastries

Fresh Fruit and Yogurt Bar

Fresh Brewed Coffee

Bagels

Fresh fruit and yogurt are available at breakfast each morning

Field of Greens

Fresh greens with a variety of vegetables and dressings

Salad Feature

Monday

Berry Chicken Salad

Tuesday

Chef Salad

Wednesday

BLT Chopped Salad

Thursday

Caesar Salad

Friday

None

Hours of Operation

Breakfast

7 am – 9 am

Lunch

11 am – 1 pm