

# Lady of the Sea General Hospital

## August 30 – September 3, 2021

### Café Classics

#### Monday

##### Smoked Sausage

Fried Okra  
Homestyle Red Beans w/Rice  
Mustard Greens  
Corn Bread Muffins

#### Tuesday

##### Fried Chicken Cutlets

Steamed Rice & Gravy  
Stewed Okra and Tomato's  
Field Peas  
Dinner Roll

#### Wednesday

##### Beef Stew

Rice  
Carrots  
Mixed Vegetables  
Dinner Roll

#### Thursday

##### Hamburger Steak w/Gravy

Mashed Potatoes  
Fried Mushrooms  
Smothered Green Beans

#### Friday

##### Fried Shrimp

##### Grilled Shrimp

Coleslaw  
Corn Nuggets  
Seasoned Veggies  
Hushpuppies

### Grille Feature

#### Monday

Philly Cheese Steak Egg rolls

#### Tuesday

Club w/Swiss Cheese Po boy

#### Wednesday

Chicken Quesadilla

#### Thursday

Crawfish Po'boy

#### Friday

Pulled Pork on Bun

### Daily

Breaded Chicken Strips  
Hamburger  
Cheeseburger  
Bacon Cheeseburger  
Grilled Cheese  
Hot Dogs w/Chili  
Grilled Chicken Sandwich  
French Fries  
Sweet Potato Fries

### Breakfast

Eggs

Bacon and Sausage

Biscuits and Pastries

Fresh Fruit and Yogurt Bar

Fresh Brewed Coffee

Bagels

Fresh fruit and yogurt are available at breakfast each morning

Assorted Take Out Items Added Daily

### Field of Greens

Fresh greens with a variety of vegetables and dressings

### Salad Feature

#### Monday

Spinach with Orange & Pecan

#### Tuesday

Ham Salad

#### Wednesday

Southwest Salad

#### Thursday

BLT Chopped Salad

#### Friday

### Hours of Operation

#### Breakfast

7 am – 9 am

#### Lunch

11 am – 1:00 pm